

**HIBICLENS SHOULD NOT BE USED  
BY PEOPLE ALLERGIC TO CHLORHEXIDINE**

Before surgery, you can play an important role in your own health. Because skin is not sterile, we need to be sure that your skin is as free of germs as possible before surgery. You can reduce the number of germs on your skin by carefully washing before surgery. Following these instructions will help you be sure that your skin is clean before surgery.

You will need to shower with a special soap called chlorhexidine gluconate (CHG). A common brand name for this soap is Hibiclens. You can purchase this at most pharmacies.

**DIRECTIONS:**

1. Shower or bath with Hibiclens the night before your surgery and the morning of your surgery. **DO NOT SHAVE** the areas of your body where surgery will be performed. Shaving increases the risk of infection.
2. With each shower or bath, wash your hair as usual with your normal shampoo.
3. Rinse your hair and body thoroughly after you shampoo your hair to remove the shampoo residue.
4. Then apply the Hibiclens soap to your entire body **ONLY FROM THE NECK DOWN**. Do not use Hibiclens near your eyes or ears to avoid permanent injury to those areas. Wash thoroughly, paying special attention to the area where your surgery will be performed.
5. Turn water off to prevent rinsing off the Hibiclens soap too soon. Wash your body gently with the soap for five (5) minutes. Do not scrub your skin too hard. Do not wash with your regular soap after Hibiclens is used.
6. Turn the water back on and rinse your body thoroughly.
7. Pat yourself dry with a clean, soft towel.

# Hibiclens Surgical Scrub



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